

**Location Maps on Back**



**Humpal  
Physical  
Therapy  
& Sports  
Medicine  
Centers**

Corpus Christi • 5026 Deepwood Cir., 78415 • (361) 854-2278 #1 fax: 854-2389  
 (International Academy of Orthopaedic Medicine Facility)  
 Alice • 1302 E. 5th St., 78332 • (361) 664-9675 fax: 664-1100  
 Aransas Pass • 2150 W. Wheeler (Bus. 35), 78336 • (361) 758-5199 fax: 758-9227  
 Calallen • 4040 Five Points Rd., 78410 • (361) 241-7399 fax: 241-7464  
 Portland • 114 Lang Rd., 78374 • (361) 643-8243 fax: 643-8249  
 Rockport • 1811 Fulton Beach Rd., 78382 • (361) 729-8777 fax: 729-8779  
 Website: [www.HumpalPhysicalTherapy.com](http://www.HumpalPhysicalTherapy.com)  
[www.Facebook.com/HumpalPT](http://www.Facebook.com/HumpalPT)

Patient Name & Phone #: \_\_\_\_\_

Diagnosis \_\_\_\_\_ Date \_\_\_\_\_

Frequency  1x  2x  3x  4x  5x

Duration  1wk  2wk  3wk  4wk  6wk  8wk  Other \_\_\_\_\_

**Evaluate & Treat**

- Physical Therapy
- Occupational Therapy
- Treat **only** as specified below

**MODALITIES & PROCEDURES**

- Ultrasound
- Electrical Stimulation
- Traction (Cervical/Pelvic)
- Fluido Therapy
- Anodyne/ Infrared Light Therapy
- Iontophoresis (Includes Rx for 60mL Dex + 60 mL Lido 4 mg/mL)
- Wound Care/Debridement
- T.E.N.S. (Rental/Purchase)
- E.M.S. (Rental/Home Program)

**MANUAL TECHNIQUES**

- Massage/Soft Tissue Mobilization
- Joint Mobilization
- Manual Stretching

**THERAPEUTIC EXERCISE**

- Home Program
- Directed Gym Program
- Directed Pool Program
- McKenzie Program
- Functional Stabilization Program

**SPECIAL PROGRAMS**

- Hand Therapy Program
- Pregnancy (Pre/Post Natal Care)
- Diabetes Rehab Program
- Fall Prevention Program
- Neuropathy Program
- Total Knee/Hip Rehab
- Cardiac Therapy Program
- Arthritis Program
- Vestibular Program
- Osteoporosis Program
- Orthotics Evaluation/Fabrication
- Patellofemoral Rehab
- McConnell Taping/Kinesio Taping
- Athletic Rehab (Sport Specific)
- Orthopedic Pre-Op/Post-Op Program
- Post Breast Surgery Program
- Lymphodema Program
- Aquatic Rehab Program
- Vibration Therapy**
- Anti-Gravity Treadmill - (Alter G)**

**INDUSTRIAL REHABILITATION**

- Work Conditioning (Includes FCE's)
- Injury Prevention Program
- New Employee Screening
- Functional Capacity Eval (FCE)
- Impairment Rating (Includes FCE)

**Specific Orders, Goals, Precautions, Special Instructions, Comments**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

- I certify that the physical therapy services for the above named patient are required on an outpatient basis and the patient shall be re-certified under my care initially after 60 days and every 30 days thereafter.
- Further, the written plan established is contained in the patient's record and prescribes the type, amount and duration of the physical therapy services to be furnished.

This prescription is an evaluate and treat order unless specified above.

Physician Signature \_\_\_\_\_ Next Physician appt. \_\_\_\_/\_\_\_\_/\_\_\_\_

**Thank You for the Referral**

**HUMPAL PHYSICAL THERAPY IS A PROVIDER FOR MOST ALL INSURANCE CARRIERS INCLUDING THE FOLLOWING:**

Christus Spohn Health Plan  
 Humana – All Plans  
 Aetna – All Plans  
 Cigna – All Plans  
 United Health Care – All Plans  
 BCBS – All Plans  
 Tricare/Humana Military  
 Champus/VA  
 Dept. of Veteran Affairs  
 US Dept. of Labor  
 PHCS/GEHA  
 Mail Handlers  
 Benefit Planners  
 IBEW

TX True Choice/BAC  
**CHIPS**  
 All **Worker's Comp.** Insurances  
 DARS/DRS (Div. for Rehab. Services)  
 Student Athlete Insurance  
 Benesight  
 HealthNet  
 Mutual of Omaha  
 Great West Healthcare  
 PIP (Auto Insurance)  
 Boon Chapman  
 TX Health Care Foundation  
**MEDICARE**  
**MEDICAID**

All **MEDICARE** Managed Care Plans **including:** PPO's/HMO's/Medicare Railroad Elder Care/**Humana Gold**/Evercare/**Physician Health Choice**/Care Improvement Plus Todays' Option/Universal Healthplan/Wellcare/Unicare/HealthNet/Advantra Free Sterling Option 1/Aetna/Secure Horizons/United Healthcare (PacifiCare) PacifiCare (United Healthcare)

All **MEDICAID** Managed Care Plans **including:** Amerigroup/Superior/Driscoll Children's Health Plan (DCHP)/Evercare (all plans to include Chips, Star, Star Plus)

*\*If your insurance company is not listed above, call 854-2278 ext. #1 for an updated list.*

To learn more about the services we provide and the people that provide them, visit our Website at: [www.HumpalPhysicalTherapy.com](http://www.HumpalPhysicalTherapy.com)

